

INFORMAȚII PERSONALE

CLICHICI SIMONA VALERIA



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Naționalitatea Romana

EXPERIENȚA PROFESIONALĂ

2024-2029  
2020 -2024  
2016-prezent

**Prodecăn științific, Facultatea de Medicină, UMF Cluj-Napoca**  
**Prodecăn didactic, Facultatea de Medicină, UMF Cluj-Napoca**  
**Profesor universitar, Șef de Disciplină**

Disciplina de Fiziologie, Universitatea de Medicină și Farmacie "Iuliu Hațieganu", Cluj Napoca  
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- Activități didactice, de cercetare, organizatorice
- Coordonator al Laboratorului de Studii *in vivo* al Disciplinei de Fiziologie, UMF, Cluj Napoca

EDUCAȚIE ȘI FORMARE

2016-prezent  
2007-2016  
2003-2007  
2000-2003  
1997 – 2000  
2000  
1995- 2000  
1999-2004  
2004

Profesor, UMF "Iuliu Hațieganu" Cluj-Napoca  
Conferențiar, UMF "Iuliu Hațieganu" Cluj-Napoca  
Șef de lucrări, UMF "Iuliu Hațieganu" Cluj-Napoca  
Asistent Universitar, UMF "Iuliu Hațieganu" Cluj-Napoca  
Preparator, IMF "Iuliu Hațieganu" Cluj-Napoca  
Medic specialist Radiodiagnostic  
Medic rezident, Radiodiagnostic, Spitalul Județean, Cluj-Napoca  
Doctorat, UMF, Cluj-Napoca  
Doctor în medicină - Distincția Cum laudae

COMPETENȚE PERSONALE

Limba maternă Română

Alte limbi străine cunoscute

	ÎNȚELEGERE		VORBIRE		SCRIERE
	Ascultare	Citire	Participare la conversație	Discurs oral	
Franceza	C1	C1	C1	C1	C1
Certificat DALF nivel C1					
Engleza	B2	B2	B2	B2	B2

Competențe de comunicare

- bune competențe de comunicare dobândite prin experiența de predare de cursuri, lucrări practice, conferințe invitat, susținere de comunicări științifice

Competențe organizaționale/manageriale	Coordonator BIOCROM – Centrul de studiu al biocompatibilității produselor naturali și de sinteză Coordonator al Laboratorului de Studii <i>in vivo</i> al Disciplinei de Fiziologie Secretar general al Societății Române de Fiziologie Vicepreședinte ASOM – Asociația de Studiu a Stresului Oxidativ în Medicină Vicepreședinte BIOCROM – Centrul de studiu al biocompatibilității produselor naturali și de sinteză Membru CSUD în cadrul Școlii Doctorale, UMF “Iuliu Hațieganu” Cluj-Napoca Membru Board of General Assembly (BGA) în cadrul IUPS
Competențe dobândite la locul de muncă	Realizarea de modele experimentale, studiul stresului oxidativ <i>in vivo</i>
Competențe informatice	▪ bună cunoaștere Microsoft Office™
Permis de conducere	▪ Categoria B

## INFORMAȚII SUPLIMENTARE

**125 articole ISI publicate, 37 ca autor principal**

**Indice Hirsch: 24 (ISI web Core collection), 32 (Google scholar), 3011 citari ISI +BDI**

**Abilitare: octombrie 2017**

**Cărți de specialitate: 5**

1. **Nanomaterials – Toxicity, Human Health and Environment**, Simona Clichici, Adriana Filip, Gustavo M do Nascimento (Eds), InTech, 2020
2. **Physiologie Notions Fondamentales**, Simona Clichici, Adriana Filip, Ed Casa Cărții de Știință, Cluj-Napoca, 2015, ISBN 978-606-17-0675-4, 166 pagini
3. **Noțiuni fundamentale de fiziologie clinică**, Adriana Filip, Simona Clichici, Ed Casa Cărții de Știință, Cluj-Napoca, 2014, ISBN 978-606-17-0509-2, 163 pagini
4. **Syntheses de physiologie** Simona Clichici, Adriana Filip, Ed Casa Cărții de Știință, Cluj-Napoca, 2014, ISBN 978-606-17-0510-8, 120 pagini
5. **Precis de fiziologie**, Simona Clichici, Editura Medicală Universitară „Iuliu Hațieganu”, 2007

**Capitole în cărți de specialitate: 7**

1. **Photodynamic therapy in skin cancer**, S Clichici, A Filip în **Skin Cancer Risk Factors, Prevention and Therapy** Edited by Caterina AM La Porta, Intech Eds, ISBN 979-953-307-092-5, 26 pag., 2011
2. **Chemoprevention of skin cancer by natural compounds** A. Filip, S Clichici în **Skin Cancer – Risk Factors, Prevention and Therapy**, Edited by Caterina AM La Porta Intech Eds, ISBN 979-953-307-092-5, 24 pag., 2011
3. **In vivo assessment of nanomaterials toxicity**, S Clichici and A Filip - Nanomaterials - toxicity and risk assessment, Edited by Sonia Soloneski and Marcelo L. Larramendy, InTech, 29 pag., 2015
4. **Inima; Celulele sangvine, imunitatea și coagularea sângelui** în Fiziologie a omului, ghid de examinare, Guyton & Hall (ediția în limba română), Edituri Gh. Cuculici, Anca Gheorghiu, Editura Callisto, 2019
5. Walter F. Boron, Emilie L. Boulpaep, Leon G. Zăgran (coord. Ediției în limba română), **Fiziologie Medicală**, Ediția a 3-a, Ed. Hipocrate, 2017
6. Guyton&Hall “Tratat de fiziologie a omului”, Editura Callisto, Ediția 13, 2016, traducere în limba română, 2018

**Invenții și brevete: 3**

1. „High concentration dispersion of single-walled carbon nanotubes în water by wrapping with single-stranded DNA”, Număr: RO125818-A2; Inventatori: Biriș AR, Clichici SV, Lupu DM, Misan I, Mocan T, Simon S .
2. “Photochemoprotective gel for protection against ultraviolet radiation comprises carbopol, triethanol amine, glycerol, methyl p-hydroxybenzoate, propyl p-hydroxybenzoate and ethyl alcohol .”, - Patent Number: RO127720-A2 - Inventatori: Achim M, Barbos

O, Brie I, Chereches G, **Clichici S**, Daicoviciu D, Dicu T, Filip GA, Fisher FE, Moldovan R, Muresan A, Perde SM, Postescu ID, Soritau O, Suci SM, Tatomir C, Virag P  
 3. „PHOTOCHEMOPROTECTIVE CREAM AND PROCESS FOR PREPARING BY THE EMULSION AND ITS USE „ - Patent Number: RO127719-A2 Inventatori: Achim M, Barbos O, Brie I, Chereches G, **Clichici S**, Daicoviciu D, Dicu T, Filip GA, Fisher FE, Moldovan R, Muresan A, Perde SM, Postescu ID, Soritau O, Suci SM, Tatomir C, Virag P

#### Premii și distincții: 27

**Cele mai relevante:** Premiul „Victor Papilian” – pentru discipline fundamentale (Premiu al Facultatii de Medicina – 2012, 2015); 25 premii UEFSCDI la premierea rezultatelor cercetarii; Medalia de bronz Agentia de stat pentru proprietatea intelectuala a Republicii Moldova , Salon de Inventica „Proinvent”, 2008; Diplomă de Excelență si medalia de aur – pentru preparate farmaceutice cu efecte fotochemoprotectoare la Salonul International de Inventica „Proinvent”, editia a IX-a, 2011

#### Lucrări ISI reprezentative:

Filip, M.; Baldea, I.; David, L.; Moldovan, B.; Flontas, G.C.; Macavei, S.; Muntean, D.M.; Decea, N.; Tigu, A.B.; **Clichici, S.V.** Hybrid Material Based on *Vaccinium myrtillus* L. Extract and Gold Nanoparticles Reduces Oxidative Stress and Inflammation in Hepatic Stellate Cells Exposed to TGF- $\beta$ . *Biomolecules* **2023**, *13*, 1271

Neculicioiu, V.S.; Colosi, I.A.; Costache, C.; Toc, D.A.; Sevastre-Berghian, A.; Colosi, H.A.; Clichici, S. Sleep Deprivation-Induced Oxidative Stress in Rat Models: A Scoping Systematic Review. *Antioxidants* **2023**, *12*

Antemie RG, Samoilă OC, **Clichici SV**. Blue light – Ocular and systemic damaging effects: A narrative review, *Int J Mol Sci*, 2023, 24(6):5998

Gligor O, **Clichici S**, Moldovan R, Muntean D, Vlase AM, Nadăș GC, Filip GA, Vlase L, Crișan G *Influences of Different Extraction Techniques and Their Respective Parameters on the Phytochemical Profile and Biological Activities of Xanthium spinosum L. Extracts*. *Plants (Basel)*. 2022 ;12(1):96. **IF = 4,65**.

Tudor DV, Florea A, Cenariu M, Olteanu DE, Farcaș M, Hopârtean A, **Clichici SV**, Filip GA. Low dose of Celecoxib might promote phenotype switching in cutaneous melanoma treated with Dabrafenib – Preliminary study. *J Clin Med*. 2022 Aug 4;11(15):4560. **IF = 4,96**

Cristina Bidian, Gabriela Adriana Filip, Luminița David, Bianca Moldovan, Ioana Baldea, Diana Olteanu, Mara Filip, Pompei Bolfa, Monica Potara, Alina Mihaela Toader & **Simona Clichici**. *Viburnum opulus* fruit extract-capped gold nanoparticles attenuated oxidative stress and acute inflammation in carrageenan-induced paw edema model *Green Chem. Letters and Reviews*. 2022, 15 (2): 319–335. **IF=4.99**

Razvan Vlad Opris, Vlad Toma, Alina Mihaela Baci, Remus Moldovan, Bogdan Dume, Alexandra Berghian-Sevastre, Bianca Moldovan, **Simona Clichici**, Luminita David, Gabriela Adriana Filip and Adrian Florea *Neurobehavioral and Ultrastructural Changes Induced by Phytosynthesized Silver-Nanoparticle Toxicity in an In Vivo Rat Model*. *Nanomaterials* 2022, 12, 58. **IF = 5,07**

Gabriela Adriana Filip, Marcela Achim, Paula Mihalte, Maria Olimpia Miclaus, Cecilia Cristea, Gheorghe Melinte, Bogdan Gheban, Dana Maria Munteanu, Oana Cadar, Ioan Simon, Ovidiu Pana, Lucian Barbu Tudoran, **Simona Clichici**, Razvan Stefan *Design, in vitro bioactivity and in vivo influence on oxidative stress and matrix metalloproteinases of bioglasses in experimental skin wound* *J of Trace Elements in Med and Biol* 2021 , 68(5):126846. **IF=3,84**

- Mureșan M, Olteanu D, Filip GA, **Clichici S**, Baldea I, Jurca T, Pallag A, Marian E, Frum A, Gligor FG, Svera P, Stancu B, Vicaș L. *Comparative Study of the Pharmacological Properties and Biological Effects of Polygonum aviculare L. herba Extract-Entrapped Liposomes versus Quercetin-Entrapped Liposomes on Doxorubicin-Induced Toxicity on HUVECs*. *Pharmaceutics*. 2021 Sep 7;13(9):1418. doi: 10.3390/pharmaceutics13091418. **IF=6,32**
- Vlad Dionisie, Adela Magdalena Ciobanu, Vlad Alexandru Toma, Mihnea Costin Manea, Ioana Baldea, Diana Olteanu, Alexandra Sevastre-Berghian, **Simona Clichici**, Mirela Manea, Sorin Riga and Gabriela Adriana Filip *Escitalopram Targets Oxidative Stress, Caspase-3, BDNF and MeCP2 in the Hippocampus and Frontal Cortex of a Rat Model of Depression Induced by Chronic Unpredictable Mild Stress* *Int J Molec Sci* 2021, 22(14):7483. **IF=5,92**
- Gabriela Adriana Filip, Adrian Florea, Diana Olteanu, **Simona Clichici**, Luminita David, Bianca Moldovan, Mihai Genariu, Ioana Scrobota, Monica Potara Ioana Baldea. *Biosynthesis of silver nanoparticles using Sambucus nigra L. fruit extract for targeting cell death in oral dysplastic cells*, *Materials Science and Engineering*, 2021 Apr;123:111974. doi: 10.1016/j.msec.2021.111974. **IF = 7,32**
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- Filip GA, Moldovan B, Baldea I, Olteanu D, Suharoschi R, Decea N, Cismaru CM, Gal E, Cenariu M, **Clichici S**, David L. UV-light mediated green synthesis of silver and gold nanoparticles using Cornelian cherry fruit extract and their comparative effects in experimental inflammation. *J Photochem Photobiol B*. 2019 Feb;191:26-37. **IF=4.383**
- Opris R, Toma V, Olteanu D, Baldea I, Baciu AM, Lucaci FI, Berghian-Sevastre A, Tatomir C, Moldovan B, **Clichici S**, David L, Florea A, Filip GA. Effects of silver nanoparticles functionalized with Cornus mas L. extract on architecture and apoptosis in rat testicle. *Nanomedicine (Lond)*. 2019 Feb;14(3):275-299. **IF= 4.3**
- Chis I C, Socaciu M, Moldovan R, **Clichici S**. Vascular impact of quercetin administration in association with moderate exercise training in experimental type 1 diabetes. *Revista Romana de Medicina de Laborator*, vol.27, no.3, 2019, pp.269-279. **IF= 0.945**
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- Mitrea DR, Malkey R, Florian TL, Filip A, **Clichici S**, Bidian C, Moldovan R, Hoteiuc OA, Toader AM, Baldea I. Daily oral administration of chlorogenic acid prevents the experimental carrageenan-induced oxidative stress. *J Physiol Pharmacol*. 2020 Feb;71(1). **IF=2.644**
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- Filip GA, Florea A, Olteanu D, Clichici S, David L, Moldovan B, Cenariu M, Scrobota I, Potara M, Baldea I. Biosynthesis of silver

nanoparticles using *Sambucus nigra* L. fruit extract for targeting cell death in oral dysplastic cells, *Materials Science and Engineering: C*, 2021, Volume 123, 111974, IF= 7.328

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**Clichici S**, Olteanu D, Nagy AL, Oros A, Filip A, Mircea PA, Beneficial Effects of Silymarin After the Discontinuation of CCl<sub>4</sub>-Induced Liver Fibrosis, *Journal of Medicinal Food*, 19 (8), 789-797, 2015, . IF = 1.995

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Dudea M, **Clichici S**, Olteanu DE, Nagy A, Cucuș M, Dudea S. Usefulness of real-time elastography strain ratio in the assessment of bile duct ligation-induced liver injury and the hepatoprotective effect of chitosan: an experimental animal study. *Ultrasound Med Biol.* 2015 Jan;41(1):114-23. doi: 10.1016/j.ultrasmedbio.2014.08.001. Epub 2014 Oct 22. IF = 2.099

Chis IC, Coseriu A, Simedrea R, Oros A, Nagy AL, **Clichici S**. In vivo effects of Quercetin in association with moderate exercise training in improving streptozotocin-induced aortic tissue injuries, *Molecules*, 20(12), 21770 – 21786, 2015, , IF=2.416

Olteanu D, Nagy A, Dudea M, Filip A, Muresan A, Catoi C, Mircea PA, **Clichici S**. Hepatic and systemic effects of rosuvastatin on an experimental model of bile duct ligation in rats. *J Physiol Pharmacol.* 2012 Oct; 63(5): 483-96. IF=2.72

David L, Moldovan B, Vulcu A, Olenic L, Perde-Schrepler M, Fischer-Fodor E, Florea A, Crisan M, Chiorean I, **Clichici S**, Filip GA. Green synthesis, characterization and anti-inflammatory activity of silver nanoparticles using European black elderberry fruits extract. *Colloids Surf B Biointerfaces.* 2014 Oct 1; 122:767-77. doi: 10.1016/j.colsurfb.2014.08.018. Epub 2014 Aug 22. IF=4,2

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A. Filip, Doina Daicovicu, **Simona Clichici**, Pompei Bolfa, Cornel Catoi, Ioana Baldea, Iaura Bolojan, Diana Olteanu, Adriana Muresan, ID Postescu, *The effects of grape seeds polyphenols on SKH-1 mice skin irradiated with multiple doses of UV-B*, *J. Photochem. Photobiol. B: Biol.* 133-142, 105, 2011. **IF=2,89**

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Mocan T, **Clichici S**, Biris AR, Simona S, Catoi C, Tabaran F, Filip A, daicovicu D, Decea N, Moldovan R, Mocan L, Muresan A, *Dynamic effects over plasma redox balance following subcutaneous injection of single walled carbon nanotubes functionalized with single strand DNA*, *Digest Journal of Nanomaterials and Biostructures*, vol 6, no 3 July-september 2011, p 1207-1214. **IF=1.12**

Filip AG, **Clichici S**, Daicovicu D, Ion RM, Tatomir C, Rogoian L, Opris I, Mocan T, Olteanu D, Mureşan A, *Possible mechanisms involved in vivo in photodynamic therapy using tetrapyrrolic macrocycles*, *Braz J Med Biol Res*. 2011, 44(1):53-61 **IF=1.13**

Filip A, Daicovicu D, **Clichici S**, Mocan T, Muresan A, Postescu ID, *Photoprotective effects of 2 Natural Products on Ultraviolet B-Induced Oxidative Stress and Apoptosis in SH-1 Mouse Skin*, *J Med Food*, 14(7-8) 761-6, 2011. **IF=1,69**

Biris AR, Dervishi E, Simon S, Lupu D, Misan I, Iancu C, **Clichici SV**, Xu Y, Watanabe F, Biris AS, *Analytic studies of high quality singlewall carbon nanotubes synthesized on a novel Fe:Mo:MgO catalyst*, *Physica E* 2010, 43 (1): 552-558 **IF = 1.3**

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Muresan A, Alb C, Suci S, **Clichici S**, Filip A, Login C, Decea N, Mocan T, *Animal studies on antioxidant effects of the red grapes seed extract from Vitis Vinifera, Burgud Mare, Recas on pregnant rats*, *Acta Physiol Hung*. 2010; 97(2):240-6 **IF=1.226**

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**Clichici S**, Filip A, Daicovicu D, Ion RM, Mocan T, Tatomir C, Rogoian L, Olteanu D, Muresan A, *The dynamics of reactive oxygen species in photodynamic therapy with tetra sulfophenyl-porphyrin*, *Acta Physiologica Hungarica*, 2010, 97 (1): 41–5 **IF=1.226**

Olteanu D, Filip A, Mureşan A, Nagy A, Tabaran F, Moldovan R, Decea N, Catoi C, **Clichici S**. The effects of chitosan and low dose dexamethasone on extrahepatic cholestasis after bile duct ligation in Wistar rats. *Acta Physiol Hung*. 2012 Mar; 99(1):61-73. doi: 10.1556/APhysiol.99.2012.1.7. **IF=0.882**

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Simon S, Biris AR, Lupu DM, Misan I, Biris AS, **Clichici S**, Iancu C, *Carbon nanotubes via catalytic chemical vapor deposition method using induction heating - an advantageous route*, *Revue Roumaine de Chimie*, 2011 **IF = 0.418**

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2. CEEX 10/2005, membru - "Studii pe modele in vitro si pe tumori experimentale privind efectul antioxidant al unor produse naturali –PAOT", Responsabil proiect: Prof. dr. Adriana Muresan, 2005-2008
3. PN II 42104, membru - "Fotochemoprotectia prin produse naturali in cancerele epiteliale fotoinduse, membru, 2008-2011
4. PN II 421120/2008 Evaluarea si modularea biodistributiei si citotoxicitatii nanotuburilor de carbon cu aplicatii biomedicale, **Director de proiect**, 2008-2011
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12. CNFIS-FDI-2020-0439, membru, „Imbunatatirea calitatii activitatilor practice in cadrul Centrului de abilitati practice si simulare in medicina”, director Prof Dr. Șoimița Suci, 2020
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